

# Peekskill Nutrition: January, 2026 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>IF YOU HAVE ANY FOOD ALLERGY, PLEASE INFORM SITE MANAGER or THE CHEF 914-734-4250</b></p>			<p><b>1</b> CLOSED FOR NEW YEARS</p>	<p><b>2</b> CRAB STUFFED SOLE LENTIL PILAF GLAZED CARROTS DINNER ROLL MANDARIN ORANGE</p>
<p><b>5</b> EGGPLANT ROLLITINI PENNE CHICK PEAS ITALIAN FRUIT COCKTAIL</p>	<p><b>6</b> LEMON HERB CHICKEN BROWN RICE PILAF BROCOLLI &amp; CARROTS WHOLE WHEAT POUND CAKE (LENTIL SOUP)</p>	<p><b>7</b> MEATLOAF MASHED SWEET POTATOE CAULIFLOWER/PEAS PUMPERNICKEL SLICED PEACHES</p>	<p><b>8</b> CRUSTED FLOUNDER PARSILIED COUSCOUS GREEN BEENS CORNBREAD FRESH FRUIT</p>	<p><b>9</b> ROAST TURKEY RED POTATOES MIXED VEGGIES DINNER ROLL APRIOT HALVES</p>
<p><b>12</b> BREADED PORK HARVARD BEETS GREEN CABBAGE BUTTER PINEAPPLE CHUNKS</p>	<p><b>13</b> BAKED SOLE RED BEANS ZUCCHINI MULTIGRAIN YOGURT</p>	<p><b>14</b> VEG. CHEESE LASAGNA SPINACH TOSSED SALAD ITALIAN YOGURT</p>	<p><b>15</b> CRISPY BAKED CHICKEN BUTTERED GRITS KALE &amp; ONIONS DINNER ROLL TROPICAL FRUIT COCKTAIL</p>	<p><b>16</b> BEEF &amp; VEGGIE STEW' BUTTERED NOODLES GREEN BEANS SEEDLESS RYE FRESH FRUIT</p>
<p><b>19</b> CLOSED FOR MARTIN LUTHER KING JR. CELEBRATION</p>	<p><b>20</b> STUFFED PEPPER MASHED POTAOTES GREEN BEANS PUMPERNICKEL PINEAPPLE CHUNKS</p>	<p><b>21</b> BAKED CHICKEN THIGH CORN NIBBLETS COLLARD GREENS DINNER ROLL PEACH PIE</p>	<p><b>22</b> BAKED SALMON BAKED POTATOE BRUSSELS SPROUTS SEEDLESS RYE MANDARIN ORANGE</p>	<p><b>23</b> ROAST TURKEY MUSHROOM ONION STUFF CARROTS WHOLE WHEAT FRESH FRUIT</p>
<p><b>26</b> SOLE FLORENTINE BOWTIE PASTA PEAS &amp; CARROTS WHOLE WHEAT PINEAPPLE CHUNKS</p>	<p><b>27</b> YANKEE POT ROAST SWEET POTATOES GREEN BEAN CASSEROLE DINNER ROLL CHOCOLATE CAKE</p>	<p><b>28</b> ORANGE GINGER CHICKEN BROWN RICE ASIAN MIXED VEGGIES MULTIGRAIN MANDARIN ORANGE</p>	<p><b>29</b> MANICOTTI BROCCOLI FLORETS TOSSED SALAD ITALIAN YOGURT</p>	<p><b>30</b> BONELESS BREADED PORK HARVARD BEETS WAX BEANS PUMPERNICKEL BIRTHDAY CAKE</p>

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