

# Peekskill Nutrition: January, 2026 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IF YOU HAVE ANY FOOD ALLERGY, PLEASE INFORM SITE MANAGER or THE CHEF 914-734-4250			1 CLOSED FOR NEW YEARS	2 CRAB STUFFED SOLE LENTIL PILAF GLAZED CARROTS DINNER ROLL MANDARIN ORANGE
5 EGGPLANT ROLLITINI PENNE CHICK PEAS ITALIAN FRUIT COCKTAIL	6 LEMON HERB CHICKEN BROWN RICE PILAF BROCOLLI & CARROTS WHOLE WHEAT POUND CAKE (LENTIL SOUP)	7 MEATLOAF MASHED SWEET POTATOE CAULIFLOWER/PEAS PUMPERNICKEL SLICED PEACHES	8 CRUSTED FLOUNDER PARSILIED COUSCOUS GREEN BEENS CORNBREAD FRESH FRUIT	9 ROAST TURKEY RED POTATOES MIXED VEGGIES DINNER ROLL APRIOT HALVES
12 BREADED PORK HARVARD BEETS GREEN CABBAGE BUTTER PINEAPPLE CHUNKS	13 BAKED SOLE RED BEANS ZUCCHINI MULTIGRAIN YOGURT	14 VEG. CHEESE LASAGNA SPINACH TOSSSED SALAD ITALIAN YOGURT	15 CRISPY BAKED CHICKEN BUTTERED GRITS KALE & ONIONS DINNER ROLL TROPICAL FRUIT COCKTAIL	16 BEEF & VEGGIE STEW' BUTTERED NOODLES GREEN BEANS SEEDLESS RYE FRESH FRUIT
19 CLOSED FOR MARTIN LUTHER KING JR. CELEBRATION	20 STUFFED PEPPER MASHED POTAOTES GREEN BEANS PUMPERNICKEL PINEAPPLE CHUNKS	21 BAKED CHICKEN THIGH CORN NIBBLES COLLARD GREENS DINNER ROLL PEACH PIE	22 BAKED SALMON BAKED POTATOE BRUSSELS SPROUTS SEEDLESS RYE MANDARIN ORANGE	23 ROAST TURKEY MUSHROOM ONION STUFF CARROTS WHOLE WHEAT FRESH FRUIT
26 SOLE FLORENTINE BOWTIE PASTA PEAS & CARROTS WHOLE WHEAT PINEAPPLE CHUNKS	27 YANKEE POT ROAST SWEET POTATOES GREEN BEAN CASSEROLE DINNER ROLL CHOCOLATE CAKE	28 ORANGE GINGER CHICKEN BROWN RICE ASIAN MIXED VEGGIES MULTIGRAIN MANDARIN ORANGE	29 MANICOTTI BROCCOLI FLORETS TOSSSED SALAD ITALIAN YOGURT	30 BONELESS BREADED PORK HARVARD BEETS WAX BEANS PUMPERNICKEL BIRTHDAY CAKE

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